Follow the Leader Contra

Calvin Campbell

Dottie Welch teaches dancing in elementary schools. This contra dance works well for children in teaching Arm Turns.

Follow the Leader Contra

Dottie Welch

- 1-8 Lines Forward & Back
- 9-16 Turn the opposite person Right Hand Around
- 17-24 Lines Forward and Back
- 25-32 Turn the opposite person Left Hand Around
- 33-40 All face up & March to the foot. (single file) (This is a cast to the foot action)
- 41-48 Leaders make an Arch
- **49-64 Others Dive Thru the Arch** (March to the head)

To see a video of this dance click here.